



कार्यालय मुख्य विकास अधिकारी गाजियाबाद।

OFFICE OF THE CHIEF DEVELOPMENT OFFICER GHAZIABAD

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पत्रांक 1006 / एस0टी0-सी0डी0ओ0 / 2025

दिनांक 18 मार्च, 2025

To,

Dr. Vandana Tanwar,
Sports Physiotherapist,
7/16, Sector-2, Rajinder Nagar, Sahibabad, Ghaziabad,
Uttar Pradesh-201005

Subject: Appreciation for Your Outstanding Contribution

Dear Dr. Vandana Tanwar,

I extend my heartfelt appreciation for your unwavering dedication and invaluable contributions to the well-being of athletes. Your expertise in physiotherapy and commitment to ensuring the physical fitness and recovery of sportspersons have been commendable.

Dr. Vandana Tanwar is a distinguished physiotherapist with over 14 years of experience, specializing in sports injuries, orthopedic, neurological, pediatric rehabilitation, and diabetic foot care. She has been associated with various Indian sports teams, including table tennis, gymnastics, hockey, lawn tennis, taekwondo, athletics, and shooting. Dr. Vandana is expert in sports injury Management and prevention. Dr. Tanwar has also served with the Sports Authority of India and have been with CWG 2010 and Olympics 2012 and 2016 preparations with India shooting team. She has worked with Olympian's like Rajyavardhan Rathore Shooter, Manavjit Sandhu and Gagan Narang who is now part of India Olympic association. Recently given Physiotherapy services to India Women Team, Kho-Kho World Cup, 2025.

Your proactive approach, meticulous attention to detail, and compassionate care have significantly enhanced the performance and confidence of athletes. Your selfless service during training sessions and sporting events has been instrumental in preventing injuries and ensuring a speedy recovery for players.

We acknowledge and deeply value your commitment to the field of sports physiotherapy and the positive impact you have made in the sports community. Your continued support and expertise are crucial in fostering a healthier and more resilient sporting environment.

Once again, we express our sincere gratitude for your dedication and exemplary service. We look forward to your association with the District Sports Office in our shared mission of promoting sports excellence. My heartiest congratulations to her for her achievements.

With warm regards,

(Abhinav Gopal)

IAS

Chief Development Officer,
Ghaziabad.